

## **PRINT INSTRUCTIONS**

**All members MUST keep their Competition Log Book up to date.**

Please print page 2 only,  
then replace the page into your printer (type up) and print page 3 only.

## Wadebridge Swans A.S.C.



## Wadebridge Amateur Swimming Club



### Information and notes :

### Swimming Record Log-book

Name:

Age:

Squad:

Wadebridge Leisure Centre

**Gonvena Hill  
Wadebridge  
Cornwall  
Phone: 01208 814980**

**E-mail: [wdixon1030@aol.com](mailto:wdixon1030@aol.com)**

**Swimming for fun,  
health and  
competition.**

**Coach: Mr. Will Dixon**

